

AOASM

RICAN OSTEOPATHIC ACADEMY OF SPORTS MEDICINE

2424 American Lane Madison WI 53704-3102

Phone: 1-608-443-2468 • Fax: 1-608-443-2474 Website: http://www.ringsidearp.org Website: http://www.aoasm.org

2019 Preliminary Program

American Osteopathic Academy of Sports Medicine Association of Ringside Physicians Combined Annual Meetings · May 1-5 · Austin, Texas

ARP

ASSOCIATION OF RINGSIDE PHYSICIANS

AT&T Executive Education and Conference Center The University of Texas at Austin





AOASM & ARP Combined Annual Meeting

Dear Conference Attendees,

On behalf of the American Osteopathic Academy of Sports Medicine's Executive Committee, Board of Directors, and Conference Planning Committee we welcome you soon to Austin. Our 34th Annual Clinical Conference is an effort to give attendees exposure to the basics of sideline medicine and mental health issues affecting athletes and ourselves, while exploring the world of regenerative medicine.

This year, we are pleased to join with the Association of Ringside Physicians to share our approaches to the care of athletes. This will be in the form of breakout sessions and formal lectures, providing our members with a unique perspective on combat sports.

The AT&T Conference Center on the campus of The University of Texas at Austin offers us a world-class facility. Here we will experience osteopathic education while interacting academically and socially with our medical students, residents, fellows, and colleagues. This exchange reflects who we are as an Academy and demonstrates our ongoing commitment to excellence in sports medicine.

Addressing the mental health, wellness, and safety issues of our athletes is a prime concern for us as sports medicine physicians. We will hear from the NCAA, Safesport, and physicians regarding developing trends in screening and care. Wellness of the physician is also a goal.

Our pre-conference courses offer hands-on exposure to the fascial distortion model and musculoskeletal ultrasound. Dr. Kozar returns to lead our ultrasound course at both beginner and advanced levels. He explores the uses of what has been described as "our new stethoscope".

We will enjoy conjoined lectures and breakout sessions Friday afternoon and Saturday with the Association of Ringside Physicians. The Justin Sportsmedicine Team will provide an indepth insight into the world of rodeo medicine.

Dr. Brian Hainline will share a discussion the NCAA's Strategic Priorities including mental health, Independent Medical Care, and emerging information from the NCAA-DoD CARE Consortium.

The Live Music Capital of the World will serve to keep our members entertained with many options long after each day's conference has ended. Enjoy the music of the city, the collegiate atmosphere of our academy and some Texas barbecue.

Looking forward to meeting y'all throughout the week!

Sincerely, *William J. Huprevice L. J., DD. F-AOH S. M.* William J. Ruprevich, Jr., DO, FAOASM 2019 Program Chair

Greetings ARP Membership Conference Attendees,

The Board of Directors and the Conference Planning Committee of the Association of Ringside Physicians would like to extend a warm welcome to all of our members and guests attending our 2019 Annual Conference here in Austin, Texas. Our theme this year will be "Back to Basics," and our program will focus heavily on a sampling of topics that we believe help form the foundation of knowledge necessary for competence in the practice of ringside medicine.

We are especially pleased to announce that a portion of our Conference this year will be presented jointly with our colleagues from the American Osteopathic Academy of Sports Medicine. The AOASM will offer an extensive program focused on many areas of sports medicine and we look forward to a shared learning experience.

As is our tradition, the Association of Ringside Physicians will hold a joint "Fellowship Night" on Friday, May 3rd, as a casual opportunity for our membership to meet and greet one another, as well as to welcome our AOASM peers to our Conference.

The ARP will also again offer the opportunity to attend a banquet on the evening of Saturday May 4th. Attendees will enjoy a delicious meal as well as an evening of fellowship. Prior guests of honor have included Bernard Hopkins, Sergey Kovalev, Mickey Ward, Evander Holyfield, and Forrest Griffin.

Welcome to Austin!

Sincerely, Edward Amon NO Edward D Amores, MD 2019 Conference Director

Guillem Gonzalez-Lomas, MD 2019 Associate Conference Director

Conference Planning Committee

Edward Amores, MD (ARP Conference Director) Warren Bodine, DO, FAOASM Jeffrey Bytomski, DO, FAOASM Angela Cavanna, DO, FAOASM Brett DeGooyer, DO John Dougherty, DO, FAOASM (AOASM President) Robert R. Franks, DO, FAOASM Michelle Gilsenan, DO, FAOASM Jessica Huerta, DO Albert Kozar, DO, FAOASM, R-MSK William J. Kuprevich, Jr. DO, FAOASM (AOASM Program Chair) Kathryn Lambert, DO, FAOASM Patrick Leary, DO, FAOASM Guillem Lomas, MD (ARP Associate Director) Bhavesh Joshi, DO Rance McClain, DO, FAOASM Don Muzzi, MD (ARP President) John Neidecker, DO, ATC, FAOASM Michael Sampson, DO, FAOASM Nitin Sethi, MD Travis Smith, DO Kate Quinn, DO Rebeccah Rodriguez, DO Stephen Rohrer, DO, FAOASM Mary Soloman, DO Melissa Tabor, DO, FAOASM Ron Torrence, DO Priscilla Tu, DO, FAOASM

Target Audience

Rick Weinstein, MD

Physicians, fellows, residents, students, physician assistants, and nurses in both academic and private practice who are involved in the evolving sports medicine or subspecialty of ringside medicine. Others who may also benefit attending include athletic trainers, athletes, referees, and state commissioners.

Conference Objectives

At the conclusion of the Conference, the participant will be able to:

- Develop and understand the role and use of MSK ultrasound in the diagnosis and treatment of athletic and common musculoskeletal injuries.
- 2. Develop and understand current concepts in the diagnosis and management of concussion in the athletic population.
- Develop an appreciation for musculoskeletal injuries across a diverse population of athletes.
- Develop strategies of performance enhancement in the athletic population.
- Develop and understand the need for mental health screening and treatment.
- 6. Develop and understand an appreciation for the advancement of research in the field of sports medicine within the osteopathic community.
- 7. Understand and appreciate the current protocols for athlete well-being.
- 8. Discuss how acute TBI differs from CTE, and how repeated head injury is a risk factor for development of CTE.
- Describe basic principles borrowed from several medical disciplines considered necessary for the expert practice of ringside/cageside medicine.
- 10. Discuss the potential dangers of excessive weight cutting and recognize its presenting signs and symptoms.
- 11. List many of the common orthopedic injuries seen in combat sports.
- 12. Describe how PED abuse is an international problem and discuss when therapeutic-use exemptions are in order.
- 13. Describe the quick recognition and competent treatment of airway injuries occurring in the ring or in the cage.



2019 AOASM Pre-Conference Workshops

Musculoskeletal Ultrasound Workshops

Monday, April 29, 2019

Workshop Lead by: Albert Kozar, DO, FAOASM, R-MSK

BASIC Diagnostic Musculoskeletal Ultrasound for the Ankle 5:00 p.m.-9:30 p.m.*

Course Description: The Basic Diagnostic Musculoskeletal Ultrasound for the Ankle course is designed for those who would like to gain more experience with diagnostic scanning and have a practical hands-on experience with highly-experienced faculty. This course will review the commonly recommended AMSSM / AlUM Guides for the completion of a complete ankle scanning exam. This course will focus on the normal anatomy and how to scan it. The emphasis will be on scanning technique & probe position. Differentiation of tenosynovitis, tendonosis, and tears will be highlighted.

Note: Space is limited to 32 participants and registration will be on a first-come, first-served basis.

Workshop Fee: \$395.00

(This workshop is available at a separate fee from the Conference registration fee.)

Your Workshop Registration Fee includes: Refreshment breaks Workshop materials Receive up to **4.50** AOA Category 1-A CME credits (Approval for AOA credits are currently pending at this time.)

*Pre-Conference Workshop on-site registration will be open from 4:00 p.m.-5:30 p.m. on Monday, April 29, 2019.

Tuesday, April 30, 2019

Workshop Lead by: Albert Kozar, DO, FAOASM, R-MSK

INTERMEDIATE / ADVANCED Diagnostic Musculoskeletal Ultrasound: An Exploration of the Foot & Ankle

8:00 a.m.-12:00 noon & 1:00 p.m.-6:00 p.m.**

Course Description: The Intermediate/Advanced Diagnostic Musculoskeletal Ultrasound for the Ankle & Foot region is designed to take the next step for those who have the basic, standard, examination of the ankle and foot down and would like to take their game to the next level. This course will start out with explorations beyond the basic ankle scan into the intricacies of the nerves, ligaments, and tendons, along with more complex dynamic evaluation. In the second half of the day, we will focus on multiple specialty ankle/foot topics of clinical difficulty and review how to perform diagnostic evaluation and US-guided procedures that can put you ahead of the game. Our highly experienced faculty will focus on the normal anatomy and how to scan these topics but with more detail, while also presenting some pathology examples or injection examples where applicable. The emphasis will continue to be on scanning technique, probe position, and dynamic evaluation.

Note: Registration will be on a first-come, first-served basis. Space is limited to 32 participants (Pre-registration to attend both the Basic Diagnostic and Intermediate/Advance Courses are welcomed.)

Workshop Fee: \$795.00

(This workshop is available at a separate fee from the Conference registration fee.)

Your Workshop Registration Fee includes: Continental breakfast Refreshment breaks Workshop materials Receive up to **9.0** AOA Category 1-A CME credits (Approval for AOA credits are currently pending at this time.)

**Pre-Conference Workshop on-site registration will again open at 7:00 a.m.-8:30 a.m. on Tuesday, April 30, 2019.

Fascial Distortion Model Workshop

Tuesday, April 30, 2019

Workshop Lead by: Todd Capistrant, DO

Fascial Distortion Model – a powerful tool in the quest to returning athletes back to participation and improving performance. 8:00 a.m.-12:00 noon & 1:30 p.m.-5:30 p.m.**

Course description: In this introduction to the Fascial Distortion Model (FDM) learn how adding the principles of FDM to your thought process can improve an athlete's recovery and performance. We will explain why providers across the country call the FDM "The most powerful sideline tool I have!" By learning to think in the model and by applying simple manual therapy techniques that blend seamlessly with your osteopathic tool box, you will learn how to expand your differential diagnosis and quickly return athletes to participation. The principles of FDM are rapidly becoming a mainstay for athletes and teams. Attending this course will introduce you to the visual cues and verbal descriptions that drive the FDM. This is an opportunity for anyone, including those with little manual therapy experience, to bring hands-on techniques to their practice by practicing on your fellow attendees. We will discuss the basic principles of FDM while learning to address ankle, foot, and shoulder injuries. Participants will leave this one-day introduction with a powerful tool that can address injuries to the fascial matrix, taking our diagnosis beyond inflammation. Be ready to put these techniques into practice the next day in the clinic or on the sideline.

Note: Registration will be on a first-come, first-served basis. Space is limited to 30 participants.

Workshop Fee: \$395.00

(This workshop is available at a separate fee from the Clinical Conference registration fee.)

Your Workshop Registration Fee includes: Continental breakfast Refreshment breaks Workshop materials Receive up to **8.0** AOA Category 1-A CME credits (Approval for AOA credits are currently pending at this time.)

**Pre-Conference Workshop on-site registration will open from 7:00 a.m.-8:30 a.m. on Tuesday, April 30, 2019.





AOASM & ARP Combined Annual Meeting

AOASM Conference Registration

May 1-May 4, 2019 (Ends at 12:00 noon on May 4)

AOASM Registration Fee includes:

- Daily continental breakfast
- Refreshment breaks
- Welcome Reception (cash bar & appetizers)
- Meeting materials
- Access to the Joint Meeting Exhibit Area
- Category 1-A AOA CME credits & AMA CME credits will be available

ARP Conference Registration

May 3-May 5, 2019 (Begins at 1:30 p.m. on May 3)

ARP Registration Fee includes:

- Daily continental breakfast
- Instructional and administrative costs
- Refreshment breaks
- Attendee Lunches
- Meeting materials
- Access to the Joint Meeting Exhibit Area
- Category 1-A AOA CME credits & AMA CME credits will be available

Pre-Registration

Please complete the enclosed registration form or go to the AOASM or ARP Conference website to register and pay online. Conference registration cancellations will be accepted in writing only. A \$50 administrative fee for cancellation requests received by 5:00 p.m. Central Time on Friday, April 5, 2019. No refunds will be given for any requests received after Friday, April 5. All refunds will be processed no later than May 30, 2019. Walk-ins and replacements are always welcome. If you have any questions, please call the AOASM & ARP Office at +1-608-443-2468, ext. 144, or email Mary Johns at mjohns@reesgroupinc.com.

On-site Registration

On-site registration will be open for a couple of hours in the late afternoon of Tuesday, April 30, 2019. Registration will open again on Wednesday, May 1, 2019, at 7:00 a.m. and will continue to be open throughout the Conference until 3:30 p.m. Sunday, May 5, 2019. The AOASM Clinical Conference will commence on the morning of Wednesday, May 1, 2019. The ARP Annual Meeting will commence the afternoon of Friday, May 3, 2019.

For More Information and Assistance

If you have questions about registering for the joint meeting, need auxiliary aids or special services to attend, please contact Mary Johns at least ten working days prior to the activity by calling +1-608-443-2468, ext. 144, or email her at mjohns@reesgroupinc.com.

AOASM Welcome Reception

Join your colleagues at the Welcome Reception on Wednesday evening, May 1 from 5:30 p.m. to 6:45 p.m. in the Exhibit Hall. Take this opportunity to visit with colleagues, attend the Poster Session, and meet the exhibitors. Everyone is invited to attend.

AOASM Student/Resident/Fellow Luncheon

Back by popular demand, a student/resident/fellow luncheon hosted by the AOASM will be held on Thursday May 2, 2019, from 12:00 noon-1:30 p.m. Please sign-up for this event only if you are an AOASM Student/Resident/Fellow. To register, please indicate your attendance on the registration form.

AOASM Walk/Run Fundraiser for TEAM VIENNA 4 SUDC Awareness

The AOASM is holding a Walk/Run fundraising event, and this year all proceeds from the event will benefit SUDC Research. SUDC claimed the life of Vienna, the 2-year-old daughter of one of our AOASM Fellow members, Dr. Denise Wunderler. Please join us to support research regarding this little known diagnosis. Participation is only \$20 (Additional donations are welcomed). The event is Thursday, May 2, from 5:45 p.m.-7:45 p.m. starting at the AT&T Executive Education and Conference Center, with the run/walk around the perimeter of The University of Texas at Austin campus. The run route is approximately 2.8 miles, and the walk route is approximately 1.0 mile. The fundraising event will end with a cash bar happy-hour celebration at the hotel in the lobby bar, Gabriel's Lounge. Anyone not interested in the Run/Walk portion, please save the date and plan to join fellow attendees afterwards in the lobby bar. To participate and help AOASM raise funds for this cause, please check the box on the registration form.

AOASM Fellowship Fair

This year the AOASM will be hosting another Fellowship Fair on Friday, May 3, from 12:15 p.m. to 1:15 p.m. so prospective students and residents will have a chance to interact with fellowship programs at the Conference. This will give both the directors and potential applicants a chance to interact and foster interest for everyone involved. Note: *Interested fellowship programs may indicate your attendance on the Fellowship Sign-up Form that will be posted to the AOASM 2019 Conference website in March.*

AOASM & ARP Educational Sessions

AOASM and ARP are excited to hold their first combined educational sessions this year. Highlighted in the preliminary schedule, these joint sessions start on Friday afternoon, May 3 and run through Saturday morning, May 4. The joint sessions are packed with excellent educational content sure to provide something for everyone!

AOASM & ARP Shirt Swap

Have you ever wished that you had sports polo or sports t-shirt from your favorite team because you liked the colors, or wished your shirts looked different so you didn't wear the same thing every day? Then join us for a joint Conference SHIRT SWAP on Friday, May 3 located in the Exhibit Hall during the afternoon refreshment break. To participate, bring with you to the Conference an unworn polo/t-shirt and drop it off at the AOASM/ ARP Registration Desk by 1:00 p.m. on Friday. White elephant rules will apply!

AOASM Award of Fellow Banquet

Please make every effort to attend the AOASM Award of Fellow Banquet on Friday, May 3, 2019, from 6:00 p.m. to 8:30 p.m. The banquet will include a ticket to a cash bar reception from 6:00 p.m. to 6:30 p.m., the dinner event, an award ceremony, an induction of the AOASM officers, and an AOA update. Tickets are \$60 each and guests are welcome to register and attend. You will need to purchase a ticket for each guest attending the banquet. To register yourself (and your guests), please check the AOASM Award of Fellow Banquet on the registration form.

AOASM & ARP Fellowship Reception

Back to the 80s - Texas Style (Keep Austin Weird)

Join fellow AOASM & ARP attendees for a fun cocktail reception and appetizers to celebrate all things 80's in Austin, Texas, on Friday, May 3 from 8:30 p.m. to 10:30 p.m. at the AT&T Conference Center. Cost of the event is \$25 per person. Costumes encouraged, and guests are welcome to attend. To register yourself (and your guests) to party on, please check the 80's Reception on the registration form.

ARP Award Banquet

Please make every effort to attend the ARP Award Banquet on Saturday, May 4, 2019, from 7:00 p.m. to 9:00 p.m. The banquet will include a ticket to a cocktail reception from 7:00 p.m. to 7:30 p.m., the dinner event, and the award ceremony, including the induction of ARP's latest emeritus Board members. Tickets are \$100 each and guests are welcome to register and attend. You will need to purchase a ticket for each guest attending the banquet. To register yourself (and your guests), please check the ARP Award Banquet on the registration form.

AOASM Support-A-Student

The AOASM understands the importance of student members and has asked physician members for scholarship contributions to cover the \$100 registration fee for this Conference. Each contribution will go into the "support-a-student" fund. The \$100 student registration scholarships will only be awarded to students who present posters or are scheduled to give a presentation during the Conference, demonstrating his or her interest and initiative in the field of osteopathic sports medicine. Check the box on the registration form if you are interested in making a donation.

Conference Educational Credits

AOA Credits*

AOASM and ARP have requested that the AOA Council on Continuing Medical Education approve this program up to **27.25** hours of AOA Category 1-A CME credits. Approval is currently pending. Register for continuing education credits by checking ALL of the applicable boxes on the registration form.



BOC Credits*

The American Osteopathic Academy of Sports Medicine is recognized by the Board of Certification, Inc., to offer continuing education for certified athletic trainers. The AOASM and ARP program has been approved for up to **27.25** hours of continuing education credits.



Physical Therapy Credits

Continuing education (CE) requirements for physical therapists vary from state to state. Most states that mandate CE for renewal of licensure have a process in place where an individual PT/PTA licensee may petition directly to the State licensing agency for acceptance of a continuing education course. Check with your state licensing board for the proper procedures and forms.

ACCME Credits

If you would like to receive ACCME continuing education credits during the AOASM or ARP meeting, please review the full policy on the AOASM or ARP website and check the box on the registration form. More information will be emailed during the joint conference.

*Please note: You will receive a credit reporting form electronically during the joint AOASM and ARP conference. Attendees will be responsible for completing and returning this form according to directions provided on the form.

Austin, Texas, USA

Austin, the capital of Texas and one of the country's most popular cities, is down-home, yet sophisticated, laid-back and bustling with energy, and at the same time, traditional and avant-garde. Austinites and visitors alike embrace the city's unique identity and appreciate the values it was founded upon. As the Live Music Capital of the World®, Austin echoes with the sounds of country, rock, blues and Tejano. Fans discover live music in nearly 250 venues throughout the city. This small university town where Willie Nelson crafted his own style has become a big city with a glittering skyline and 2 million people in the metropolitan area. Surrounded by the famous Texas Hill Country, three lakes and dozens of parks, Austin offers the perfect environment for enjoying the best of nature when in town. This walkable layout of the city invites Conference attendees to step out into any one of the city's nearly 250 live music venues, or check out some major attractions, including Austin's famed Sixth Street, the Warehouse District, and the 2nd Street District, the city's newest pedestrian shopping center. Experience Austin at VisitAustin.org.

AOASM & ARP Accommodations

Where Texas Meets the World - Whether you're staying at the hotel for a conference, dining, or special occasion the **AT&T Executive Education and Conference Center (1900 University Ave, Austin, TX)** meets every need with world-class attention to detail. Steps from UT and the Capitol, the Center offers stylish and comfortable accommodations for any traveler.

You'll appreciate the convenience — and you'll love our Texas hospitality. The Center is home to The Carillon, one of Austin's premier fine-dining restaurants — and that's just for starters. There's also Gabriel's for casual meals or happy hour, and a quick grab and go coffee/snack bar area.

The hotel reservations cut-off deadline is **Friday, April 5, 2019**. (Room rates cannot be guaranteed after that date and are subject to availability.) The discounted room rate this year is \$199 per night for single (king) and double (queen/queen) occupancy, excluding current (15%) hotel tax rate. Included in the guest room rate is complimentary standard in-room Internet. The group discounted guest room rate will be offered three days pre/post Conference based on guest room availability.

- Check-in is 3:00 p.m.; checkout is 12:00 noon. (Early check-ins and late departure requests are subject to availability.)
- The AT&T Center offers 24/7 room service, restaurants, and complimentary use of the onsite fitness center.
- The AT&T Conference Center has a substantial amount of parking that is available on a first come, first served basis, though there is no guarantee of available parking in their parking garage. Additional parking is available nearby at the prevailing rates and terms not associated with the AT&T Center.

Hotel Reservations

ARP and AOASM work diligently to provide attendees with the most convenient hotels at a good value. They have contracted with the hotel to hold sleeping rooms for use by our attendees this year. If the room block numbers are not met, both organizations could incur penalty fees. Please help keep costs down by making your reservations at:

AT&T Executive Education and Conference Center 1900 University Ave, Austin, TX 78705 Reservations Toll-Free: +1-877-744-6632 Reservations Local Phone: +1-512-404-3600 Main Hotel Phone: +1-512-404-1900

When reserving your room via phone, please use the reservation toll-free number listed above and refer to the **AOASM/ARP 2019 Annual Conference Room Block** to be eligible for the discounted rate. We encourage all attendees to book their reservation at the headquarters hotel by **April 5**.

To reserve your room online, please go to: https://book.passkey.com/e/49868234.

To confirm a room reservation, the hotel requires a (first or last) night's prepayment deposit when reserving your room; however, the credit card on file will not formally be charged until check-in. (In case of a noshow, the deposit will be charged to the credit card on file.)

Hotel Cancellation Policies:

Guests must notify the hotel <u>72 hours prior</u> to the day of arrival not to forfeit the one-night room rate plus tax deposit.

AOASM Call for Case Presentations & Research Abstracts

It is the Committee's goal to have all Sports Medicine Fellowship Programs participating with a poster presentation, a case podium presentation, or a research podium presentation at the AOASM Poster Session on Wednesday, May 1, 2019. All participants will receive a certificate of participation. There will be a monetary prize for the first place research presentation, a separate monetary prize for first and second place case presentations, and a separate monetary prize for the best case and research poster presentation. Abstracts chosen for presentation will also be accepted for publication in the *Clinical Journal of Sports Medicine*.

The deadline for case presentations and research abstract submissions is **Sunday, March 10, 2019**, no later than 11:59 p.m. PST. Instructions and submission forms can be found on the AOASM 2019 Conference webpage.

ARP Call for Case Presentations

On Sunday, May 5, The Show Must Go On! The Program Committee invites you to submit a Case Presentation for the upcoming ARP Conference. Case presentations will be presented as podium presentations on May 5, 2019. Those selected are required to submit their full presentation in early April. Guidelines to submit a case presentation are outlined on the ARP website at www.RingsideARP.org.

All case presentations must be received by the ARP on or before March 15, 2019. Submissions received after March 15, 2019, will not be considered.

Certified Ringside Physician Exam May 6, 2019

The American College of Sports Medicine in collaboration with the Association for Ringside Physicians has developed the ARP/ACSM Certified Ringside Physician (CRP) certification. A CRP is experienced in ringside protocol and is instrumental in care before, during, and after the bout. The CRP has a basic understanding in various fields of medicine, which include but are not limited to wound care, orthopaedics, neurology, cardiology, dermatology, infectious disease, emergency medicine, and even psychology.

The exam will be given at the conclusion of the Conference, beginning at 8:00 a.m. on Monday, May 6, 2019. Separate registration is required for the exam. To preregister, visit the Ringside Physicians website and either register online or download and mail the registration application. Materials can be found at: http://ringsidearp.org/Certification.

Criteria necessary for certification in addition to passing exam:

- MD or DO degree or a foreign medical degree equivalent.
- Must have provided ringside event coverage for a minimum of three professional cards with at minimum 15 total fights or five amateur cards with a minimum of 30 total fights.



AOASM & ARP Combined Annual Meeting

- Must be licensed and be in good standing with the licensing body authority, (i.e. state, country) in which they are a ringside physician for a minimum of two years. This includes being upto-date on required CME by their licensing body authority.
- Must provide two forms of recommendation from the following sources: state/country athletic board commissioner, local boxing committee, or another ringside physician. Please use the forms provided on the ARP/ ACSM website.
- If applicable, must be board certified in a primary medical specialty (e.g., Family Medicine, Emergency Medicine, Orthopaedics, etc.).

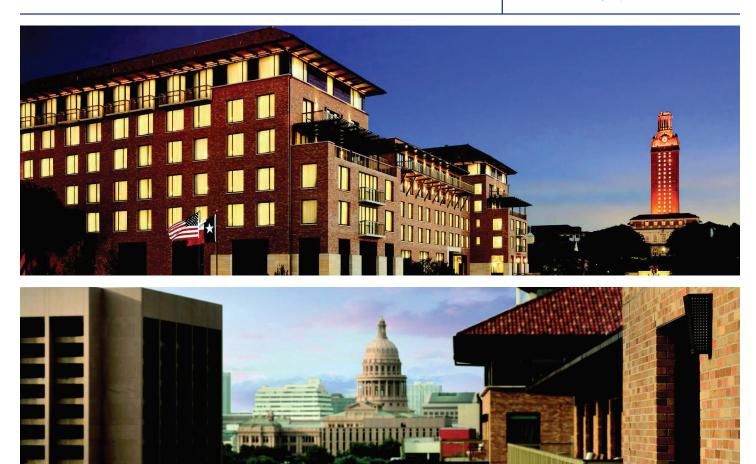
***Candidates may sit for the exam before submitting above criteria, but scores and certification will NOT be issued until proper documentation has been submitted to the ARP. The deadline for submission of all documentation is October 31, 2019. There are no refunds for incomplete or late applications.

Sponsors

AOASM and ARP truly value their sponsors. Your support is genuinely appreciated! This year's Conference offers many opportunities for sponsorship and showcasing your company. If you are interested in sponsoring and showcasing your company at the 2019 Conference, please contact Susan Rees via email at srees@reesgroupinc.com.

Exhibit Area

The 2019 AOASM & ARP Exhibit Prospectus will be available in March for downloading. Come join this informative and interactive Conference this year! Visit the ARP or AOASM website for more information. If you have any questions, please contact Brooke Miller via email at bmiller@reesgroupinc.com.







Preliminary Schedule-at-a-Glance

Wednesday, May 1

AOASM

8:00 a.m. - 8:15 a.m. Introductions & Welcome President: John Dougherty, DO, FAOASM Program Chair: William Kuprevich, DO, FAOASM

Moderator: Angela Cavanna, DO, FAOASM

8:15 a.m. - 8:45 a.m. *Rodeo Medicine* Guest Speaker: Rick Foster, MS, ATC

8:45 a.m. - 9:15 a.m. Introduction to Fascial Distortion Model (FDM) Todd Capistrant, DO, MHA

9:15 a.m. - 9:45 am. *Allen Jacobs Memorial Lecture* Angela Cavanna, DO, FAOASM

9:45 a.m. - 10:00 a.m. *Q and A*

10:00 a.m. - 10:15 a.m. *Refreshment Break*

10:15 a.m. - 10:45 a.m. *Mental Health: Stress & Wellness* Patrick Leary, DO, FAOASM

10:45 a.m. - 11:15 a.m. *Stretching* Edwin Kornoelje, DO, FAOASM

11:15 a.m. - 11:45 am. *Care of the Female Athlete* Priscilla Tu, DO, FAOASM

11:45 a.m. - 12:00 noon *Q and A*

12:00 noon - 1:15 p.m. Attendee Lunch (on your own)

Moderator: Travis Smith, DO

1:15 p.m. - 2:00 p.m. *The Athlete In the Arts* Steven J. Karagenes, DO, FAOASM

2:00 p.m. - 2:30 p.m. *Concussion* R. Robert Franks, DO, FAOASM

2:30 p.m. - 3:00 p.m. Core Injury, a Sports Hernia Misnomer Daniel Day, DO

3:00 p.m. - 3:15 p.m. Refreshment Break

3:15 p.m. - 3:45 p.m. *Sideline Joint Replacement* Bhavesh Joshi, DO

3:45 p.m. - 4:15 p.m. *Endurance Athletes Care and Management* Rance McClain, DO, FAOASM

4:15 p.m. - 5:15 p.m. *Medical Director of Circuit of The Americas* Guest Speaker: John Sabra, MD

- 5:15 p.m. 5:30 p.m. *Q and A*
- 5:30 p.m. 6:45 p.m. Welcome Reception Poster Session Exhibitor Time

Thursday, May 2

AOASM

Moderator: Jeffrey Bytomski, DO, FAOASM

8:00 a.m. - 8:45 a.m. *Eliminating Abuse Within Sport: How the U.S. Center for SafeSport is Championing Athlete Well-Being* Dan Mills, Safe Sport

8:45 a.m. - 9:45 a.m. *Rusty Wright Memorial Lecture* Brian Hainline, MD, NCAA Medical Director

9:45 a.m. - 10:15 a.m. Refreshment Break (Exhibitor Time)

10:15 a.m. - 10:45 a.m. Business of Medicine Dan Saverino, DO

10:45 a.m. - 11:30 a.m. Concussion Mark Rogers, DO, FAOASM

11:30 a.m. - 12:00 noon AOASM Business Meeting

12:00 noon - 1:30 p.m. Attendee Lunch (on your own)

12:00 noon - 4:00 p.m. Student/Resident/Fellow luncheon, awards, elections, and workshops

Moderator: Brett DeGooyer, DO

1:30 p.m. - 2:00 p.m. *Mental Healthcare in Athletics* Ashley Harmon, PhD & Emmett Gill, PhD, LMSW

2:00 p.m. - 2:45 p.m. *E-Sports* Hallie Zwibel, DO

2:45 p.m. - 3:15 p.m. Business of Medicine Mary Chuhinka Kurtz

3:15 p.m. - 3:45 p.m. Refreshment Break (Exhibitor Time)

3:45 p.m. - 5:15 p.m. *Afternoon Breakouts* (sessions run simultaneously)

 3D Maps Moderator: Michael Sampson, DO, FAOASM Presenter: Christina Richardson, DO

 Taping and Cupping Moderator: Ron Torrence, DO Presenter: Abby Perone, DC, CES

3:45 p.m. - 4:30 p.m. Breakout Session 1 4:30 p.m. - 5:15 p.m. Breakout Session 2

5:45 p.m. - 7:45 p.m. AOASM Walk/Run Fundraiser & Happy Hour Event

8:15 p.m. - 9:30 p.m. **Student Mentor Mixer** (Location and more details are forthcoming. Information will be available on the AOASM website in April.)

Friday, May 3

Moderator -- Melissa Tabor, DO, FAOASM

8:00 a.m.-9:30 a.m. Case & Research Podium Presentations

9:30 a.m.-10:00 a.m. *Rejuvenation* Ron Torrance, DO

10:00 a.m.-10:30 a.m. Refreshment Break (Exhibitor Time)

10:00 a.m.-10:30 a.m. **2020 Program Planning Committee Meeting** (Program Chair: Becca Rodriguez Regner, DO)

Moderator: Ron Torrance, DO

8:30 a.m.-10:30 a.m. *Faculty Development* Michael Sampson, DO, FAOASM

11:00 a.m.-11:30 a.m. Jeopardy Mary Soloman, DO

11:30 a.m.-12:00 noon *Surfing Injuries* Glenn Chapman, DO

12:00 noon-12:15 p.m. *Case & Research Award Session* (Moderator: Melissa Tabor, DO, FAOASM)

12:15 p.m.-1:30 p.m. AOASM Fellowship Fair

12:15 p.m.-1:30 p.m. *Lunch (on your own)*

AOASM & ARP Joint Breakout Sessions

Moderators: Brad Lee, MD, JD; Larry Lovelace, DO; John Neidecker, DO, FAOASM, ATC; Nicholas Rizzo, MD, JD

All sessions run simultaneously rotating every 45 minutes with a 30-minute break in between:

1:30 p.m. - 2:15 p.m. Breakouts 1, 2, 3, 4

2:15 p.m. - 3:00 p.m. Breakouts 1, 2, 3, 4

3:00 p.m. - 3:30 p.m. Refreshment Break (Exhibitor time) AOASM & ARP Shirt Swap

3:30 p.m. - 4:15 p.m. Breakouts 1, 2, 3, 4

4:15 p.m. - 5:00 p.m. Breakouts 1, 2, 3, 4



Preliminary Schedule-at-a-Glance Breakout 1: 10:15 a.m. - 10:30 a.m. Saturday, May 4 Evaluation and Management of the Unconscious **Refreshment Break** Fighter ARP Don Muzzi, MD; Nitin Sethi, MD, MBBS, FAAN Moderator: Guillem Gonzalez-Lomas, MD Breakout 2: Moderator: Don Muzzi, MD 10:30 a.m. - 11:00 a.m. Facial Laceration Workshop Commission and Ringside Physician Duties and Edward Amores, MD, FACEP 1:00 p.m. - 1:30 p.m. Responsibilities Breakout 3: Basics of Ringside Medicine for New Ringside James Erickson Jiujitsu Basics and Potential for Orthopedic Injury Physicians Hillary Williams, MD; Charles Everly, MD; Osric King, MD 11:00 a.m. - 12:00 noon Guillem Gonzalez-Lomas, MD The Show Must Go On??? (Case Presentations) 1:30 p.m. - 2:00 p.m. Dom Coletta, MD Breakout 4: Dehydration and Weight Cutting Concerns in How/When to Stop a Fight: Video Breakdown and **Combat Sports** 12:00 noon - 1:00 p.m. Analvsis Lou Durkin, MD, FACEP, FAAEM ARP Attendee Luncheon Lou Durkin, MD, FACEP, FAAEM; Randolph Taylor, MD 2:00 p.m. - 2:30 p.m. Visual Diagnoses of Common Injuries Moderator: Nitin Sethi, MD, MBBS, FAAN Fellowship Night (Available to ARP & AOASM attendees [and their Edward Amores, MD, FACEP 1:00 p.m. - 1:30 p.m. guests] at an additional fee.) Issues Concerning Female Athletes in Combat 2:30 p.m. - 3:00 p.m. Sports 6:00 p.m. - 6:30 p.m. Essential Elements of the Pre-Fight Physical Exam Scott Lauer, DO Award of Fellow Cocktail Reception (Cash Bar) Gene Stringer, MD 1:30 p.m. - 2:00 p.m. 6:30 p.m. - 8:30 p.m. The Choke Hold 3:00 p.m. - 3:15 p.m. Award of Fellow Banquet **Refreshment Break** Don Muzzi, MD 8:30 p.m. - 10:30 p.m. Moderator: Rick Weinstein, MD 2:00 p.m. - 2:30 p.m. Back to the 80's Texas Style (Keep Austin Weird) Age Considerations in Combat Sports Medicine Event 3:15 p.m. - 3:45 p.m. Jonathan Mongold, DO Breast Implants in the Combat Sport Athlete Saturday, May 4 Jennifer Galjour, MD 2:30 p.m. - 2:45 p.m. Q and A **AOASM & ARP Joint Session** 3:45 p.m. - 4:15 p.m. **Orthopedic Injuries in Combat Sport** 2:45 p.m. - 3:00 p.m. Moderator: Edward Amores, MD, FACEP Guillem Gonzalez-Lomas, MD **Business Meeting** Don Muzzi, MD; John Neidecker, DO, FAOASM, 8:00 a.m. - 8:15 a.m.

Welcome & Opening Remarks Don Muzzi, MD (ARP President)

8:15 a.m. - 8:45 a.m. Non-combat Sports vs. Combat Sports: Key Differences Rance McClain, DO, FAOASM

8:45 a.m. - 9:30 a.m. Acute Traumatic Brain Injuries and Concussion Management in Combat Sports Nitin Sethi, MD, MBBS, FAAN

9:30 a.m. - 10:00 a.m. Interacting with Sports Media Jeff Brennan

10:00 a.m. - 10:30 a.m. Refreshment Break (& Exhibitor time) - Last day!

Moderator: John Neidecker, DO, FAOASM, ATC

10:30 a.m. - 11:15 a.m. The Convergence of Sports Science and Sports Medicine Paul Saenz, DO

11:15 a.m. - 11:45 a.m. USA Boxing - Key Differences & How to Get Involved Bob Davison, MD

11:45 a.m. - 12:15 p.m. USA Wrestling & Judo - Traveling Internationally Daniel Clearfield, DO, FAOASM

12:15 p.m. AOASM conference ends

12:15 p.m. - 1:00 p.m. ARP Attendee Luncheon 4:15 p.m. - 4:45 p.m. Evaluation of the Combat Sports Athlete **Between Rounds** Don Muzzi, MD

4:45 p.m. - 5:30 p.m. Malpractice Issues in Combat Sports Nicholas Rizzo, MD, JD, FACP; Matthew Pautz, DO, JD

7:00 p.m. - 9:00 p.m. ARP Award Banquet

Sunday, May 5

ARP

Moderator: Nicholas Rizzo, MD, JD, FACP

- 8:00 a.m. 8:30 a.m. KO Predictions as a Function of Win Percentage George Velasco
- 8:30 a.m. 9:00 a.m. Breaking Research-Striking Forceplate Study Jody McCormick; Angela Russell, PhD
- 9:00 a.m. 9:30 a.m. **Economic Considerations In Ringside Medicine** Adam Saby, MD
- 9:30 a.m. 10:00 a.m. Intra & Post Bout Management of Nasal & Facial Fractures Stephen Landers, MD
- 10:00 a.m. 10:15 a.m. Q and A

ATC

3:00 p.m. - 3:15 p.m. **Refreshment Break**

Moderator: Lou Durkin, MD, FACEP, FAAEM

3:15 p.m. - 3:45 p.m. Social Media Conduct & Strategy Charlotte Muzzi; Jo Markham

- 3:45 p.m. 4:15 p.m. Therapeutic Use Drug Exemptions Kevin deWeber, MD, FAAFP, FACSM
- 4:15 p.m. 4:45 p.m. **Review Course Lecture and General Questions** Regarding Ringside Medicine Larry Lovelace, DO, FACEP

4:45 p.m. - 5:00 p.m. Q and A **ARP Conference Ends**

Monday, May 6

ARP

8:00 a.m.

ARP/ACSM Certified Ringside Physician Examination* Lou Durkin, MD, FACEP, FAAEM; Don Muzzi, MD *Pre-registration and on-site registration is available. (More information can be found at:

http://ringsidearp.org/certification)

8



ASSOCIATION OF RINGSIDE PHYSICIANS

2019 Membership Invoice

Name:		Suffix:		
Address 1:				
Address 2:				
City:	State:	Postal Code:	Country:	
Phone:	Email:			
ANNUAL MEMBERSHIP DU	JES:			
Physician Member: \$150 Offered to any MD or DO	.00			
D Medical Student/Resider Offered to all medical stud	nt Member: \$50.00 ents, or individuals in their int	ernships or residencies.		

Associate Member: \$75.00

Offered to Commission members and staff, attorneys.

NEW! Allied Healthcare Professional Member: \$75.00

Offered to physician assistants, EMT's, paramedics, nurses, nurse practitioners, athletic trainers, and chiropractors, and other paramedical personnel the board deems appropriate.

PAYMENT OPTIONS:

Join/Renew Online at www.RingsideARP.org

□ Check #
Credit Card Visa MasterCard Discover
Cardholder Name:
Credit Card Number:
Exp. Date: CVV:
Signature:
Please send your payment to: Association of Ringside Physicians • 2424 American Lane • Madison, WI 53704

9



AMERICAN OSTEOPATHIC ACADEMY **OF SPORTS MEDICINE**

Membership Application—January 1 through December 31, 2019

Full Name: Suffix:	_Birth Date (optional): Gender (optional):
Institution:	
Street Address or PO Box #:	
City:State/Province:	Zip/Postal Code:
Phone: Fax:	Mailing Address: 🗆 Work 🛛 Home
Email: AOA #:	BOC #:
Membership Directory (required) □ Yes, please include my information in the online directory. □ No, I waive my directory listing benefit.	All membership categories, with the exception of Student membership receive an online subscription to the journal. Membership Categories:
I am a team physician for the following sports teams: (check all that apply)	Physician
 Youth Sports High School College Professional Special Olympics USA Team Olympic Coverage Please list the teams you cover:	Early Career \$220 This rate is available to members within one year of their fellowship graduation date. Associate Member \$295 PhD, PA, ATC, PT Fellow \$200 Currently participating in a Sports Medicine Fellowship.
What percentage of your practice is related to sports medicine? I 1%-25% I 26%-50% I 51%-75% I 75%-100% Do you practice in a sports medicine clinic: Part Time Full Time Years of Practice in Sports Medicine: Name of Medical School:	Resident/Intern \$200 Provide proof of residency/internship. Lifetime \$100 Qualified members must be pre-approved by the Board. Student \$0 I would like to add a print subscription of the journal for \$50/year.
Date of Graduation:	Payment Total: Check payable to AOASM, US funds only, drawn on a US bank Visa/MasterCard/American Express
Date of Completion: Primary Board Certification: DO DO MD Sports Medicine Fellowship Site:	Name of Cardholder: Card Number:
Date of Completion:	Expiration Date: CVV:
Do You Have a CAQ in Sports Medicine?	Signature of Cardholder:

Please send completed form, payment, & proof of residency/internship or student status (if applicable) to: • AOASM • 2424 American Lane • Madison, WI 53704-3102 • Phone: +1-608-443-2477 • Fax: +1-608-443-2474 • Web: www.aoasm.org • Email: info@aoasm.org •

AOASM & ARP Combined Annual Meeting - REGISTRATION FORM

Please complete this registration form. Type or print legibly. One form must be filled out for each registrant and payment must accompany the registration form. Registration by telephone will not be accepted. **Register by April 5, 2019, to take advantage of Early Registration discounts!** The deadline for pre-registration is Friday, April 26, 2019. After that time, plan to register at the meeting site. (Please keep a copy of this form for your records.)

Registration Information

First Name:
Last Name:
Degree:
Credential(s):
Place of Employment:
Mailing Address:
City:
State/Province:
Country:
Zip:
Is this address: 🗖 Business? 🗖 Home?
Daytime Phone:

Badge Information

This is how your badge will read. Please print clearly and complete only those lines that are different from the "Registration Information" above.

First Name or Nickname:
Full Name:
Place of Employment:
City:
State:
Country:

General Information

Please check here and list any special dietary restrictions (ie: vegetarian, gluten free):

Please check if you need special assistance, and a staff member will contact you shortly via email.

□ Check here if you wish to OPT IN of the attendee directory for the 2019 exhibitors.

Please provide the following information in case of emergency:

)

)

Emergency Contact Name:

Daytime Phone: (

Evening Phone: (____

Email:

Photo Release: I acknowledge that ARP & AOASM may take photos/videos at the annual conference, and place them on their websites, for future marketing purposes in print and electronically.

Combined AOASM & ARP Registration Fees (May 1-5)

(must be a member of one organization to receive the member rate to attend both conferences).

	On or Before 4/5/19	After 4/5/19
Physician:	□\$900	□\$1,025
Allied Health Professional:	□\$460	□\$560
Associate:	□\$250	□\$350
Fellow:	□\$250	□\$350
Resident:	□\$250	□\$350
Student:	□\$250	□\$320
Retired:	□\$725	□\$808

Registration Fees (AOASM: May 1-4; or ARP: May 3-5)

	On or Before 4/5/19	After 4/5/19
AOASM Conference		
Member of AOASM or ARP		
Physician:	□\$425	□\$475
Allied Health Professional		
(ATC, PA, PT, etc):	□\$210	□ \$260
Fellow:	□\$100	□ \$150
Resident/Intern:	□\$100	□ \$150
Student:	□ \$100	□ \$120
Retired:	□\$250	□\$258
Non-Member		
Non-Member Physician:	□\$560	□\$610
Non-Member Allied Health Profession	onal	
(ATC, PA, PT, etc):	□\$310	□\$360
Non-Member Fellow:	□\$200	□\$250
Non-Member Resident/Intern:	□\$200	□\$250
Non-Member Student:	□\$200	□\$220
Non-Member Retired:	□\$250	□\$258
ARP Conference		
Member of ARP or AOASM		
Physician:	□\$475	□\$550
Allied Health Professional:	□\$250	□\$300
Associate:	□\$150	□\$200
Medical Student/Resident:	□ \$150	□\$200
Non-Member		
Non-Member Physician:	□\$650	□\$725
Non-Member Allied Health Profession	onal: 🗖\$350	□\$400
Non-Member Associate:	□\$250	□\$300
Non-Member Medical Student/Resid	dent: 🗖\$250	□\$300

AOASM or ARP One-Day Conference Registration Fee

C	n or Before 4/5/19	After 4/5/19
Physician/Allied Health Professionals	\$ 200	🗖 \$275
Which Day? 🗖 Wednesday 🛛 Thursda	y 🗖 Friday 🗖 Saturda	ay 🗖 Sunday
Associate/Student/Resident/Fellow:	□ \$60	□ \$75
Which Day? 🗖 Wednesday 🛛 Thursda	ay 🗖 Friday 🗖 Saturd	lay 🗖 Sunday

AOASM Pre-Conference Workshop Registration*

The pre-conference workshops are available at a separate fee. Please be sure to include the appropriate payment. Register on or before 4/5/19 to receive the discounted pre-conference registration fee and save money. (*Space is limited; registration is on a first-come, first-served basis.)

Workshop Registration	On or Before 4/5/19	After 4/5/19
Basic MSK Ultrasound Workshop	🗖 \$395	🗖 \$495
Advanced MSK Ultrasound Workshop	o	🗖 \$895
Fascial Distortion Model Workshop	🗖 \$395	🗖 \$495

Optional Events

AOASM Student/Resident/Fellow Luncheon (no charge)** Thursday, May 2, 2019 - 12:00 noon. to 1:30 p.m.

**Please sign up for this event only if you are a AOASM Student/Resident/Fellow.

Number of tickets _ (Free)

AOASM Walk/Run Fundraiser for TEAM VIENNA 4 SUDC Awareness Thursday, May 2, 2019 – 5:45 p.m. to 7:45 p.m.

Number of tickets: _ X \$20 each = Note: Additional donations are welcomed.

AOASM Award of Fellow Banquet

Friday, May 3, 2019 – 6:00 p.m. to 8:30 p.m.

Number of tickets _____ X \$60 each = _

□ AOASM & ARP Reception

Back to the 80s-Texas Style

Friday, May 3, 2019 - 8:30 p.m. to 10:30 p.m.

Number of tickets _____ X \$25 each = __

ARP Award Banquet

Saturday, May 4, 2019 - 7:00 p.m. to 9:00 p.m.

Number of tickets _____ X \$100 each = _

Continuing Education Credits

Register for continuing education credits by checking ALL applicable boxes below:

Yes, I would like to receive AOA Continuing Medical Education (CME) credit hours and/or Board of Certification (BOC) credit hours for the AOASM pre-conference workshop(s).

AOA Number:

BOC Number:

Yes, I would like to receive AOA Continuing Medical Education (CME) credit hours for the AOASM conference or the ARP conference.

- AOASM Conference
- ARP Conference

AOA Number:

- Yes, I would like to receive ACCME Continuing Education Credits. AMA PRA Category 1 continuing education (CE) credits will be available at both the AOASM and ARP conferences. Learners must complete an evaluation form to receive a certificate of completion, which will be sent via email.
 - AOASM Conference
 - □ ARP Conference

Email:

- Yes, I would like to receive Board of Certification (BOC) credit hours for the continuing education of certified athletic trainers during the AOASM and/or ARP conference this year.
 - AOASM Conference
 - ARP Conference

BOC Number:

Yes, I would like to receive Continuing Medical Education (CME) Specialty credit hours from the AOASM and/or ARP conference if applicable to my specialty.

Primary Specialty: ____Secondary Specialty: ___

Please Note:

- You will receive a credit reporting form electronically during the joint AOASM and ARP conference. Attendees will be responsible for completing and returning the form according to directions on the form.
- CME and BOC credits are not included in the cost of student/resident/fellow registration fees. Please contact the registrar if you'd like to add credits.

AOASM Support-a-Student

Contribution to Support-a-Student Registration Scholarship (optional) \$100 each student X _____ # of student(s) = ____ tota

ARP Ringside Physician Certification Exam

I plan to take the ARP Certification Exam on Monday, May 6, 2019.

□ Yes* 🗖 No

*To register and pre-pay for the ARP Examination go to: http://www.ringsidearp.org/certification

Conference Fees

Total Enclosed:	\$
ARP Award Banquet	\$
AOASM & ARP 80's Reception	\$
AOASM Award of Fellow Banquet	\$
AOASM Walk/Run Donation (Optional)	\$
AOASM Walk/Run Fundraiser Event	\$
AOASM Support-a-Student Donation (Optional)	\$
AOASM Pre-Conference Workshop Registration Fee	\$
AOASM or ARP One-Day Conference Registration Fee	\$
ARP Conference Registration Fee	\$
AOASM Conference Registration Fee	\$
Joint Conference Registration Fee	\$

Payment

Check a payment method and enclose your payment for registration fees, as well as any optional events in which you wish to participate.

- Check (made payable in US funds, drawn on a US bank to AOASM or ARP)
- Visa American Express Mastercard

Card Number:

Exp. Date: ____

Signature: ____

CVV:

Print Name:

Mail or fax this two-page registration form and fees to:

AOASM & ARP

2424 American Lane Madison, WI 53704 USA

Phone: +1-608-443-2468 Fax: +1-608-443-2474 Email: mjohns@reesgroupinc.com